

Goodland Activities Center Flatlander Festival 5K Run, Family Fun Run/ Walk and Elementary “Mile”

WHEN AND WHERE

Date: Saturday, September 25th, 2010

Check In: Starts at 6:30am

Start Time: 7:30 am Elementary “Mile”
8:00am 5K Run and Family Fun Run/Walk

Where: Steever Park at Cherry and 16th
Goodland, KS



REGISTRATION

Registration through Saturday, September 18th, 2010.

Mail: Entry forms must be postmarked by Saturday,
September 18th, 2010.



\$20 5K Competitive Run (all ages)
\$15 per Family Fun Run/ Walks
\$8 Elementary Mile (6th grade & under)

FUN STUFF
Flatlander Street Festival

Sponsors

Timing, Race day logistics & finish line by Goodland High Cross Country
Team

Goodland Activities Center & Flatlander Fall Festival

Competitive Cash Awards:

1st Place Male & Female Overall Winners: 50% of prize pool

2nd Place Male & Female Overall Winners: 30% of prize pool

3rd Place Male & Female Overall Winners: 20% of prize pool

Participation awards for all others

For more information contact Sarah
King at 785-890-7242 or
sarah@goodlandgac.com or visit
Goodlandgac.com or flatlandersfestival.com



5K Competitive Run, Family Fun Run, or Elementary “Mile”

OFFICIAL REGISTRATION FORM

Name: _____

Age: _____ Gender: (circle one) M F

Address: _____

City: _____ State _____ Zip: _____

Phone: _____

Email (for race correspondence):

Tee Shirt Size: Small Med Large X-Large/ Adult Child
**Registration fee includes 1 t-shirt, extra shirts may be ordered for
\$12 each**

_____ \$20 5K Run _____\$15 per Family Fun Run/Walk

_____ \$8 Elementary “Mile” (6th grade & under)

I cannot participate, but enclosed is my donation in support
of the 5K \$ _____

NO REFUNDS OR TRANSFERS. RAIN OR SHINE.

Make Checks Payable to: GAC

Mail to: GAC Flatlander 5K

808 Main St., Goodland, KS 67735

Phone: 785-890-7242

Waiver and Release

I agree that if I participate in this physical activity, program or event or use any event facility or event premises, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities or premises and assume all risk of injury, illness, damage or loss to me or my property that might result, including, without limitation, any loss or theft of personal property.

I, the undersigned, intending to be legally bound hereby, for myself, my heirs, and administrators, waive and release any and all rights and claims for damages against the Goodland Activities Center, Flatlander Festival, Inc., and their affiliates, employees, agents, representatives, sponsors, vendors, Goodland Dept. of Parks, the town of Goodland, KS and their representatives, successors and assigns for any and all injuries suffered by me that may occur before, during, or after my participation in this event on September 25th, 2010.

I verify that I am physically fit and have sufficiently trained to fully participate in this event.

Signature: _____ Date: _____

Parents Signature: _____ Date: _____